

THIS TIME OF YEAR AGAIN!!

The FLU vaccines are now at the practice, last year the practice carried out 3528 vaccinations. Please make an appointment if you meet the following criteria ONLY.

<p><u>Annual seasonal flu vaccine eligibility:</u> ALL >65yr olds Children >6months of age in "AT RISK" groups Adults in an "AT RISK" group any age Pregnant women Living in long stay/residential/nursing homes Household contacts of immunocompromised individuals Those in receipt of carers allowance or main carers for elderly or disabled Health and social care staff directly involved in patient care</p>	<p><u>"AT RISK" Criteria:</u> Chronic renal disease Chronic heart disease Chronic respiratory disease (asthma only if on preventor/brown inhaler) Chronic liver disease Diabetes Immunocompromised Neurological conditions(stroke etc)</p>
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NEW VACCINES INFORMATION:

FLUENZ(live nasal spray suspension)

The Joint Committee on Vaccination and Immunisation (JCVI) has recommended that the routine annual Flu Immunisation Programme be extended to ALL children born between 2.9.09 - 1.9.11 (2-3yr olds) including healthy children not in "AT RISK" groups. The extended programme is expected to lower the public health impact of flu by directly averting a large number of cases of disease in children and through lowering flu transmission in the community, indirectly flu in unvaccinated younger children, people in "AT RISK" groups and older adults. This is expected to reduce flu-related illness, GP appointments, hospital admissions and deaths.

EXTENDING THE PROGRAMME TO ALL CHILDREN will involve considerable planning and for this reason the programme will be rolled out over a number of seasons.

SHINGLES VACCINE(Zostavax)

We will also be doing these vaccines if ELIGIBLE when you attend for your seasonal Flu vaccine.

Eligibility for 2013 season: **All people born 2.9.42-1.9.43 (70yrs) or people born 2.9.33-1.9.34 (79yrs)**

Shingles is a viral infection of the nerve cells that develops as a result of a chickenpox infection. Once recovered from chickenpox the virus lies dormant in the nerve cells and can reactivate at a later stage when the immune system is weakened. Shingles can occur at any age however risk and severity increases with age. Offering the vaccine routinely to individuals age 70yrs aims to boost immunity and prevent shingles in later years. The vaccine is not recommended for adults over 80yrs as the efficacy of the vaccine is reduced in this age group.

VACCINE SUPPLY FROM THE MANUFACTURER is at present limited to the above two age groups ONLY. It is envisaged that the programme will be extended for the 2014/2015 season. Vaccine stock will be closely monitored by Public Health England and introduce the extended programme earlier if able.

CATCH-UP CAMPAIGNS:

MMR(measles/mumps/rubella):

Children between ages 10-19years who have not had the two doses of MMR vaccine are encouraged to make an appointment at the practice.

HPV(human papillomavirus vaccine)

Human papillomavirus has been identified as the virus that can cause cervical cancer.

Eligibility:

Applicable to girls aged 16-18years who have not received the course of vaccines within the school system. Also applicable to girls over 18years that have had 1 or 2 doses but didn't COMPLETE the course.

CVD assessments(cardiovascular disease):

Cardiovascular disease is a major cause of morbidity and mortality and is a significant contributory factor toward the current level of health inequalities in Warrington. NHS Warrington is committed to prioritising a structured approach to the screening for CV disease.

For earlier detection of CV disease Warrington are currently running a screening programme.

Eligibility:

40-74years of age without any pre-existing long term conditions.(Heart disease, diabetes, strokes, hypertension, currently taking statins for cholesterol)

IF YOU FULFILL THE ABOVE CRITERIA please make an appointment with the Practice Nurse.(Please be aware GPs do NOT do these checks)

WE NEED TO SHARE YOUR DATA

A data collection exercise is currently underway by the NHS and they have requested information about you from your practice - your practice has to comply with this request unless you opt out.

Confidential information from your medical records can be used by the NHS to improve the services offered to provide the best possible care for everyone. If you have any concerns or wish to prevent this from happening please speak to practice staff or visit www.nhs.uk/caredata for further information.

The following information has been posted in the practice:

How information about you helps us to provide better care:

Confidential information from your medical records can be used by the NHS to improve the services offered so we can provide the best possible care for everyone.

This information along with your postcode and NHS number but not your name, are sent to a secure system where it can be linked with other health information.

This allows those planning NHS services or carrying out medical research to use information from different parts of the NHS in a way which does not identify you.

You have a choice. If you are happy for your information to be used in this way you do not have to do anything. If you have any concerns or wish to prevent this from happening, please speak to practice staff or ask at reception for a copy of the leaflet "How information about you helps us to provide better care".

More information can be found here www.nhs.uk/caredata

You can also examine Frequently Asked Questions by going to:

http://www.penkethhealthcentre.co.uk/website/N81020/files/Care_data_FAQ.pdf

<p>How to contact your practice:</p> <p>By Phone: 01925 725644 By Fax: 01925 791017</p>	<p>Visit Us On The Internet:</p> <p>www.penkethhealthcentre.co.uk</p>
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